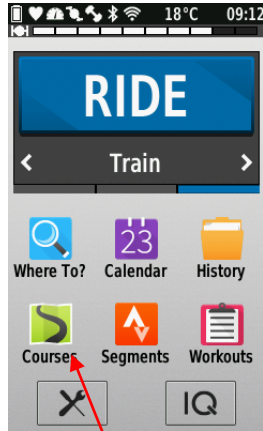
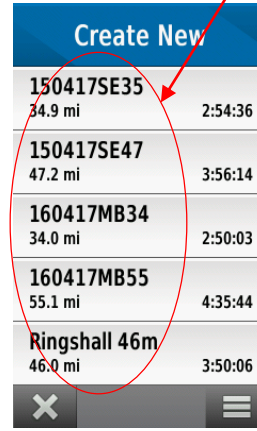


# Garmin Edge 1000

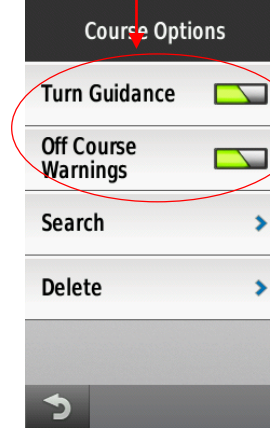
Loading and riding a course



Select Courses



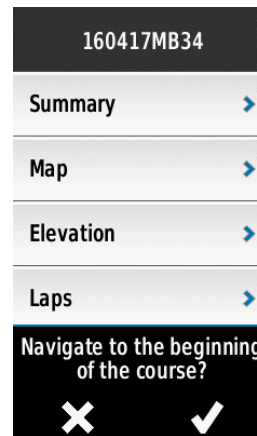
Pick Your Ride



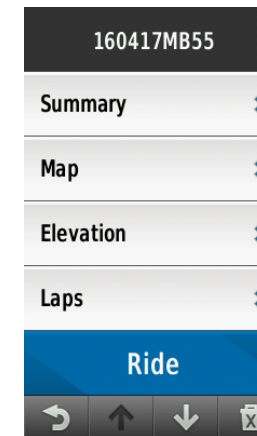
Set Preferences

Before choosing course set navigation preferences

Once Preferences set go back one step and choose route



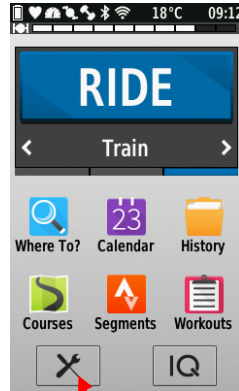
Don't Navigate to start of course



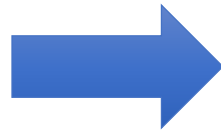
Custom fields

# Garmin Edge 1000

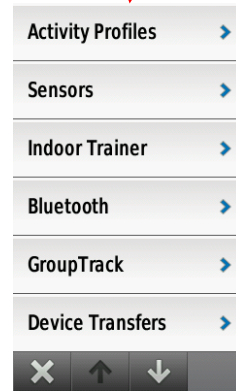
## Mapping Configuration



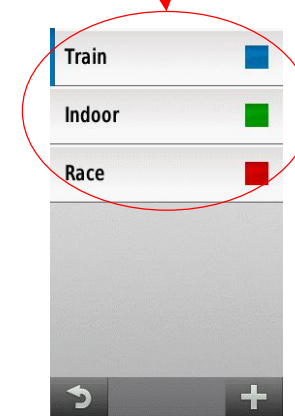
Select Setup



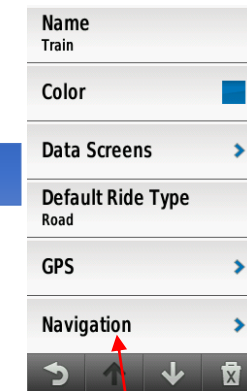
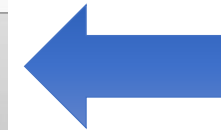
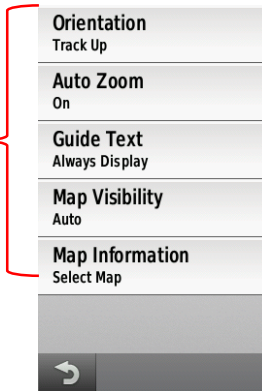
Select Activity Profiles



Choose Default Profile

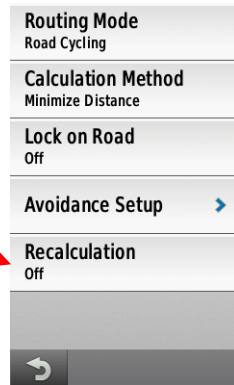


Set Preferences



Set to Road

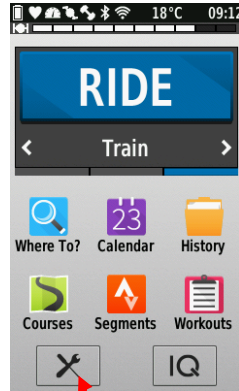
Make sure Recalculation is off



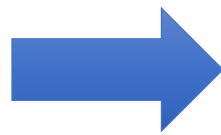
Select Navigation

# Garmin Edge 1000

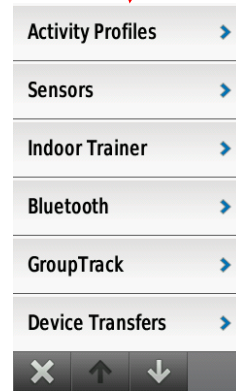
## Data Screen Configuration



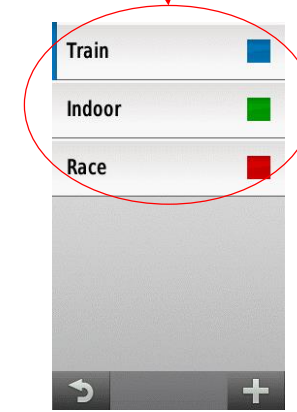
Select Setup



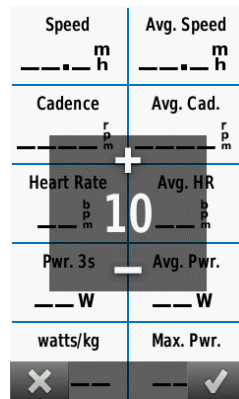
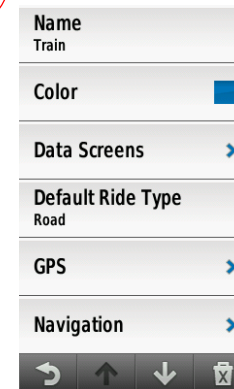
Select Activity Profiles



Choose Default Profile



Screen 1 on by default  
Make sure Map is turned on  
rest are optional



On selecting a screen choose the number of fields required (3-10). Select data fields. On the Edge 1000 these fields can be changed by touching that field even when following a course (without going into setup).